

## Summary

1. Chapter 1: Introduction: Objectives and major contentions of the book.
2. Chapter 2: Formation of a bubble and its background.
3. Chapter 3: Collapse of the bubble and the start of the long stagnation.
4. Chapter 4: Financial crisis and its impacts, the Long Recovery and after.
5. Chapter 5: Deflation and monetary policy. ([kinokuniya.co.jp](http://kinokuniya.co.jp))[1])
6. Chapter 6: What is the real cause of stagnation and deflation?: Analysis of company behaviours by financial statements.
7. Chapter 7: Abenomics and challenges for the Japanese economy.
8. Chapter 8: Conclusion.