

Summary :

1. Introduction to Classical Acupuncture

- Foundations of Traditional Chinese Medicine (TCM)
- Historical context
- Role of the Huangdi Neijing
- Concept of Qi, Yin-Yang, and meridians

2. The Concept of the Nine Needles

- Origin and classical description
- Classification of the nine needles
- Shape, function, and indications
- Differences from modern acupuncture needles

3. Functions and Techniques of the Nine Needles

- Pressing and palpation techniques
- Superficial vs deep needling
- Draining and tonifying methods
- Bloodletting and therapeutic applications

4. The Twelve Primary Meridians

- Overview of the meridian system
- Pathways and organ connections
- Circulation of Qi and Blood

Clinical relevance

5. The Twelve Yuan-Source Points

- Definition and theoretical basis
- Relationship with Zang-Fu organs
- Location and identification
- Diagnostic importance

6. Clinical Use of Yuan-Source Points

- Treatment strategies
- Selection of points
- Regulation of organ function
- Case-based applications

7. Diagnosis in Classical Acupuncture

- Pattern differentiation
- Palpation of points
- Signs of Qi imbalance
- Integrating symptoms and meridians

8. Therapeutic Principles

- Tonification vs sedation
- Harmonization of Yin and Yang

- Restoring Qi flow
- Individualized treatment

9. Integration with Modern Practice

- Adapting classical methods today
- Simplifying traditional concepts
- Clinical efficiency and safety

10. Conclusion and Practical Guidelines