

Summary

1. Introduction — Presentation of the method, learning goals, and how to use the textbook effectively.

2. Lesson 1: Greetings and Self-Introduction

Basic expressions and simple dialogues for everyday interaction.

3. Lesson 2: At Work / In the Office

Vocabulary and practice related to professional settings.

4. Lesson 3: Daily Life and Leisure

Talking about activities, making invitations, accepting or declining offers.

5. Lesson 4: Shopping and Transportation

Typical urban life dialogues: buying items, taking the train or bus.

6. Lesson 5: Health and Well-Being

Visiting a doctor, expressing “I feel sick,” giving and receiving advice.

7. Lesson 6: Plans and Intentions

Discussing future plans, organizing schedules, expressing intentions.

8. Lesson 7: Past and Future Experiences

Introduction to past and future tenses in Japanese.

9. Lesson 8: Reading, Kanji, and Writing Beginning to learn characters and develop reading comprehension.

10. Lesson 9: Advanced Professional Communication

Meetings, reports, asking for information politely.

11. Lesson 10: Japanese Culture

Overview of traditions, holidays, society, and cultural expressions.

12. Final Review

Integrated practice: listening, conversation, and role-play exercises.

13. Appendices

Vocabulary tables, kanji lists, useful expression index, and audio guide references.