

Summary

Preface

Part One. Transnational Studies of Maritime Transfers

1. Traditions: Shifts in East Asian Society Affecting the Formation and Reception of Zen
2. Transitions: Social Influences on Zen's Legend of Living Buddhas

Part Two. Troubling At First, Then Turning Into the Establishment

3. Transmissions: When Dōgen Attained Enlightenment in China in 1225
4. Transplantations: How Émigré Monks Overcame Mid-Century Challenges
5. Transformations: Why Daitō Did Not Go to China, Yet Won a Debate in 1325

Part Three. Techniques for Attaining and Maintaining Enlightenment

6. Teachers: Testing the Authenticity and Authority of Zen Masters
7. Temples: Training Disciples While Mitigating Transgressions
8. Tones: Triggering Spirituality Through Literary and Fine Arts

Glossary of Names, Titles, and Terms

Recommended Readings